



Resource Guide

Central Ohio Diabetes Association's Mission Statement:

One in 10 people in our community will develop diabetes. The Central Ohio Diabetes Association helps Central Ohioans with diabetes to detect their condition, prevent onset and complications, and learn to live well with the challenges of diabetes.

It is the hope of Central Ohio Diabetes Association that you will find this resource guide beneficial in obtaining the services that you need to allow you to live well with the challenges of diabetes.

Table of Contents

General Resources	Page 3
Free Health Clinics	Pages 4 – 6
Primary Health Care Centers for Limited Income	Pages 7 – 9
Health Care/Needs	Pages 10 – 15
Health Insurance / Medical Coverage	Pages 16 – 17
Assistance with Prescriptions	Pages 18 – 28
Internet Websites	Pages 28 – 29

General Resources

American Diabetes Association

471 East Broad St.
Columbus, Ohio 43215
614-436-1917
1-888-DIABETES
www.diabetes.org

ADA, Ohio (Americans with Disability Act)

700 Morse Road
Suite 220
Columbus, Ohio 43214
(614)844-5410
1-800-232-6446
www.ADA-OHIO.org

- Answer questions and explains your rights and responsibilities under the Americans with Disability Act.

Central Ohio Diabetes Association

1100 Dennison Avenue
Columbus, Ohio 43201
(614) 884-4400
1-800-422-7946
Fax (614) 884-4484
www.diabetesohio.org

Hands on Central Ohio

(614)221-6766
Fax (614) 224-6866
www.211centralohio.org

- Information and referral, 24 hours a day, seven days a week.

Free Health Clinics in Columbus

Walk-in clinics for acute illnesses and other urgent medical conditions.

Requirements:

- Must be a Franklin County resident.

Special Considerations:

- The free clinics are often very busy. It is recommended that you arrive a halfhour to an hour prior to the clinic opening.
 - Many have medications at the clinic.
-

Physicians Care Connection

Located at the Columbus Health Department
240 Parsons Avenue, Suite 100
(614) 240-7430 or www.goodhealthcolumbus.org
www.cmaf-ohio.org

- Monday. Sign-in begins at 4:30 pm
- Please don't come before 4:30 pm
- Must be uninsured and at 200% of poverty or below
- Photo id required
- Does not provide general physical exam, screenings, vision or dental services or ongoing care

Columbus Free Clinic

Located at 2231 North High Street, Suite 103
OSU Rardin Family Practice
(Corner of North High Street and West Northwood Avenue)
(614) 404-8417 – call only with questions
www.columbusfreeclinic.com

- Thurs: sign in begins at 4:30 p.m. for first 25-45
- Waiting line begins early
- Patients seen at 6pm
- **Will treat ONLY the first 25 patients at the clinic on a first-come first served basis.**

Asian Health Initiative Free Clinic

Located at 2231 North High Street, Suite 103
OSU Rardin Family Practice
(Corner of North High Street and West Northwood Avenue) (614) 220-4023 ext. 227

- Mondays from 5:30 pm-7:30pm

- By appointment only
- Provides on going health care
- Asian language interpreters arranged as needed

Mt. Carmel Medical Center

Mt. Carmel Outreach Program

- Traveling outreach coach provides free exams and related services
- Call for times and locations of outreach coach (614) 546 4200

Helping Hands Health and Wellness Center

Haimerl Center
1421 Morse Road
Columbus, OH 43229
(614) 262-5094

www.helpinghandsfreeclinic.wetpaint.com
helpinghandsfreeclinic@hotmail.com

- Provides general health care services to uninsured or underinsured families who qualify financially
- Call for appointment
- Open 2 Fridays and 1 Thursday 4 pm – 7 pm
- Includes screenings and treatment for diabetes, high blood pressure, high cholesterol, and heart disease.
- Medication Assistance program through Ohio Association of Free Clinics

LaClinica Latina

Located at OSU Medical Center
2231 North High Street

(Corner of North High Street and West Northwood Avenue)

(614) 293-9906

- Hours vary Tuesdays, 1st and 3rd evenings
- By appointment
- Arrive by 4:30 to register
- Patients are seen on a first come first served basis

Victory Ministries Free Medical Clinic

Living Hope Free Methodist Church

4142 Westerville Rd.

Columbus, Oh 43224

614-252-2500

- 2nd Thursday of each month
- register at 6pm

Vineyard Free Health Clinic – Fifth Avenue

Located at 171 East 5th Avenue (next door to the Community Center) Columbus OH 43201

(614) 890-0000 ext. 6340

www.vineyardcolumbus.org

- Free walk-in medical clinic; **will see up to 10-20 patients** on a first-come, first-serve basis.
- Wednesdays: sign-up begins at 5:30 pm; physicians begin seeing patients at 6:45 p,
- Provides diagnosis and treatment of illnesses only. **No lab tests, injections, physicals, or x-rays.**
- Does not provide on-going care
- (614) 259-5428 for questions
- Dental Clinic: call 259-5428 9:00 a.m. – 11:00 a.m. Friday to schedule appointment.
- Vision Clinic: call 259-5428 9:00 a.m. – 11:00 a.m. Friday to schedule appointment

Vineyard Free Health Clinic – Cooper Road

6000 Cooper Road, Westerville OH 43081

- Medical Clinic: first Tuesday of each month
- **Walk in** (614) 259-5428 Sign in begins 5:30p. Physicians begin seeing patients at 6:45p
- Provides medical and chiropractic care, and basic physicals. **No lab tests, injections, physicals, or x-rays.**
- Does not provide on-going care

Noor Community Clinic

Located at OSU Rardin Family Practice Center

2231 North High Street, 43201

- Wednesdays from 5 pm-9 pm
- By appointment only – call (614) 516-3075 on Monday 10 – 3 and Tuesday 10 – noon. Leave your name and contact phone number
- Income is less than 200% of federal poverty line and are not eligible for Medicare or Medicaid

Vineyard Community Church – Reynoldsburg

15187 Palmer Road, Reynoldsburg OH 43068

(740) 927-7729

- Free walk-in Medical and Wellness Clinic
- First come, first served basis
- Routine medical care and treatment for non-emergency illness. **No lab work or x-rays.**
- Chiropractic services, dietitian, and fitness trainer consultations
- First Wednesday of the month, 6:30 pm – 8:30 pm

Xenos/Youth for Christ Free Clinic

40 North Chicago Avenue, Columbus OH 43222

(614) 823-6510 ext. 840 (24 hour voicemail)

- Provides basic medical services for adults below 200% federal poverty level and have no private or government health care insurance coverage.
- No school, work, or sports physicals. No lab work. No dental
- Will provide sliding scale referrals for long term primary care or specialist services.
- **Maximum of 25 patients seen on a first-come, first-served basis.** No appointments accepted.
- Tuesday evenings, walk-in 6:30 pm

Xenos Fourth Street Free Clinic

1934 North Fourth Street

Columbus, Oh 43201

614-823-6510 ext840

- Monday evening 6:30pm, no appointment
- 12 patients seen on first come first served basis

New Life Health & Wellness Center

25 W. Fifth Ave

Columbus, Ohio 43201

- free medical care is offered to anyone who is poor or homeless
- no physicals, hours are Sunday 7am-8:30am, walk in only
- 614-294-0134

Linworth Free Health Clinic

5700 Linworth Rd (inside Linworth Road Church)

Columbus, Ohio 43235

(614) 442-5722

- Must have no insurance of any kind
- Income at or below 200% of the federal poverty limit
- Will take 10 patients per clinic on a first come, first served basis
- Fourth Tuesday of the month (unless it is a holiday)
- Sign-in begins at 5:30 pm
- Children welcome
- No citizenship requirement

**Primary Health Care for Adults with Limited Income
Fees Charged. Appointment Required**

Columbus Neighborhood Health Center, Inc. (CNHC)

Administrative Office
600 West Spring Street
Columbus, Ohio 43215
(614) 645-5500
Fax: (614) 645-5546
www.colnhc.org

Call to see what services they provide.

- By appointment only
- Provides primary care
- Accept patients with Medicaid, Medicare, Care Source, Molina, Aetna, Anthem Blue Cross and Blue Shield, and United HealthCare
- Sliding fee scale based on income and family size

Locations:

East Central Health Center

1180 East Main Street, Columbus, OH 43205
(614) 645-5535

- Vision & Dental Services at this location
- Medicaid & private insurance accepted
- Mon, Wed-Fri.: 8 a.m. – 5 p.m.
Tues: 8 a.m. – 7 p.m.
- Diabetes team Management
 - Diabetes health care, education, case management for uninsured people with diabetes
 - Must schedule appointment and become a CHNC patient
 - Will receive glucose self testing supplies, glucometer, strips for testing levels, educational materials and community resources and referrals

John R. Maloney Health Center

3781 South High St., Columbus, OH 43207
(614) 645-3163

- Monday: 8 am – 7 pm
- Tuesday - Friday: 8 a.m. – 5 p.m.

Columbus Northeast Health Center

3433 Agler Road, Columbus, OH 43219
(614) 645-1600

- Mon: 8 a.m. – 7 p.m.
- Tues-Fri: 8 a.m. – 5 p.m.

St. Stephen's Health Center

1500 East 17th Avenue,
Columbus, OH 43219
(614) 645-2700

- Mon: 8 a.m. – 7 p.m.
- Tues-Fri: 8 a.m. – 5 p.m.

Westside Health Center

2300 W Broad St
Columbus, OH 43204
(614) 645-2300

- Monday-Friday: 8 a.m. – 5 p.m.

Health Care for the Homeless

(614) 645-0521

- Monday-Friday: 8:30am – 5:30pm
- Various sites
- Intake assessment is required

Capital Park Family Health Center

2365 Innis Rd

Columbus OH 43224

614-416-4325

(614) 416-4325 call for appointment

- Sliding scale fees for those who qualify
- Serves adults, infants, children and seniors
- \$20 minimum co-payment for those without health insurance

Grant Outpatient Care Center

393 E. Town Street, Suite 116

Columbus OH 43215

(614) 566-9108 call for appointment

- Medicare and Medicaid (including Medicaid Managed Care Plans) accepted. Financial assistance available for those without coverage.
- \$25 minimum co-payment for those without health insurance

Heart of Ohio Family Health Centers at Whitehall

1251 W. Broad St.

Columbus, Oh 43222

614-274-1455

- \$10 co payment for those without health insurance
- appointment only

Heart of Ohio Family Health Centers at Capital Park

882 S. Hamilton Rd.

Columbus, Oh 43213

614-235-5555

- sliding scale fees for those who qualify
- \$20 minimum co payment for those without health insurance
- appointment only

Lower Lights Christian Health Center, Inc.

1251 W. Broad St

Columbus OH 43222

(614) 274-1455 call for appointment

- Community health center providing family practice services.
- Provides adult/pediatric well and sick care and chronic disease management.
- Medicaid, Medicare, Care Source, Molina, Anthem Medicaid. Sliding fee for uninsured, with a minimum \$5.00 fee per visit

Mt. Carmel Medical Center

Mt. Carmel Health

United Methodist Church for All People

946 Parsons Ave

Columbus, Oh 43206

614-546-4773 call for appointment

- All insurances including Medicaid, Medicare, Care Source, Molina, and Anthem Blue. Financial assistance for those who qualify.
- Tuesdays, Thursdays 8 am – 4 pm

Mt. Carmel Health

First Church of God

3480 Refugee Rd

Columbus OH 43232

(614) 546-4773 call for appointment

- All insurances including Medicaid, Medicare, Care Source, Molina, and Anthem Blue. Financial assistance for those who qualify.
- Mondays, Wednesdays 8 am – 4 pm

South High Center for Primary Care

1392 South High Street

Columbus OH 43207

(614) 722-6200 – press prompt #1 or hold for a live person

- By appointment only
- Run by OSU and Nationwide Children's Hospital. Sees adults and children
- Medicare, Medicaid. Financial assistance for those who qualify.

Riverside Methodist Hospital – Community Medicine

500 Thomas Lane

Columbus OH 43214

(614) 566-5456 call for appointment

- Sliding fee scale. Bring I.D. and 3-month income verification

Health Care/Needs

Access Health Columbus

61 Jefferson Avenue
Columbus, OH 43215
(614) 884-2441
Fax: (614) 884-2444

www.goodhealthcolumbus.org

Voluntary Care Network

- Connects low-income, uninsured residents of zip codes 43204, 43205, 43206, 43207, 43215, 43222, and 43223 with primary care physicians, and coordinates access to specialty, diagnostic and hospital services
- Also coordinates access to low-cost medical interpreters, transportation, and prescription drugs.
- Call to find out specific eligibility qualifications.
- Must be uninsured, living below 200% of the Federal Poverty Line
- Monday – Friday: 9 a.m. – 4 p.m.

American Kidney Fund Help Line

www.kidneyfund.org

- For standardized medical information call their Help Line at 1-800-300-2900 Mon. – Thurs. 9 am – 5 pm, Fri. 8 am – 2 pm
- May qualify for financial assistance up to two times a year to assist with cost of medications, co-pays, deductibles, transportation to dialysis, nutritional supplements, etc. To find out if you are eligible for this grant money contact your social worker at the dialysis center for more information.

American Red Cross of Greater Columbus

995 East Broad St.
Columbus, OH 43205
(614) 253-6705

- Assistance for clients 60 years of age and older and people with disabilities to get to and from medical appointments. Transportation runs Mon-Fri: 6 a.m. – 7:30 p.m. & Sat: 6 a.m. - 4 p.m.
- Call to discuss your needs and register for their transportation services.

The Benefit Bank

<https://selfserve.thebenefitbank.com>

- A **FREE** site in which you are able to do things like your taxes, FASFA, cash assistance, food stamps and many other services that are provided for free.
- Ohio residents can also apply for benefits such as food assistance and medical insurance. You may be able to get help paying bills, lower your prescription drug costs, and qualify for many other benefits.

Benefits Check-Up

www.benefitscheckup.org

- This web site will step through a collection of questions and then produce a report of resources the client might want to explore. Find and enroll in federal, state, local and private programs that help pay for prescription drugs, utility bills, meals, health care and other needs. Program is for those 55 and older.

Center for Latin Hope – Healthy Latinos Program

2300 Sullivant Ave

Columbus, OH 43204

(614) 358-3584 Mon. – Fri. 9 am – 330 pm

- Healthy Latinos Program is a community-based health initiative that focuses on cardiovascular health and diabetes prevention
- Offers cooking and nutrition classes. Provides childcare.

Central Ohio Area Agency on Aging

174 East Long Street

Columbus, OH 43215

(614) 645-7250

www.coaaa.org

- Senior Options services include personal care, homemaker, caregiver relief, homedelivered meals, medical transportation, adult day services, emergency response systems, and minor home repairs for seniors 60 and older.
- PASSORT Program provides case managed in-home services for seniors age 60 and over
- Call for evaluations

Columbus City Public Health Department

240 Parsons Avenue

Columbus, OH 43215

(614) 645-7417

<http://www.publichealth.columbus.gov> or www.cmhhealth.org

Dental Clinic – (614) 645-7487

- Affordable dental care for residents of Franklin County
- Appointments required
- Sliding Fee Scale

Maternal and Child Home and Visiting – (614) 645-8323

- Home care by nurses, health aides, homemakers, and social workers to mothers, infants, and pregnant women
- Linkage to primary health care and other community services
- Monday – Friday: 7:30 a.m. – 4:30 p.m.

Depression Screenings – (614) 221-1441

- Provides depression screenings through Mental Health America of Franklin County
- Monday – Friday: 7:45 a.m. – 4:45 p.m.

Columbus Dental Society

663 Park Meadow Road, Suite F

Westerville, OH 43081

(614) 895-2371

9:30 am – 5:30 pm Mon. – Fri.

<http://www.columbusdentalsociety.com>

- Provides names of dentists to person needing dental services, including low income persons and adults or children with disabilities

COTA Project Mainstream

(614) 275-5821

www.cota.com/project_mainstream.asp

- Provides transportation for those with disabilities
- Must apply; individuals must be certified through COTA
- Monday – Friday: 8:30 a.m. – 5:30 p.m.

Hands on Central Ohio

(614)221-6766 or 211

www.handsoncentralohio.org

- Information and referral
- 24 hours a day
- FOODLINK: Provides referrals to local food pantries. Franklin County only. (614) 341-2282, 7 am – 4 pm Mon., Wed. Fri., 7 am – 8 pm Tues., Thurs.

Heartland Home Health Care and Hospice

(614) 430-9531

1-866-498-6456

6500 Busch Blvd., Suite 210

Columbus OH 43229

- Home Care offers
 - Skilled nursing
 - Therapy: physical therapy, occupational therapy, speech language pathology
 - Home health aides
 - Medical social worker
 - Dietary consultation
 - Spiritual counseling
 - Alternative therapy
- Available 24 hours a day 7 days a week
- Patient-directed plan of care
- Accepts most insurance, Managed Care, Medicare, Medicaid

H-CAP (Hospital Care Assistance Program)

<http://www.ohanet.org/finance/hcap.html>

- This is a program established by hospitals to provide financial assistance with the hospital bill. This often assists in the payment of the hospital bill. Paying for the physician, lab tests, and xrays may or may not be covered under H-CAP depending on the hospital. Each hospital has its own criteria for eligibility to receive this financial assistance. Ask to speak with a financial counselor at the hospital about this program.

Lifecare Alliance

1699 West Mound Street

Columbus, OH 43223

(614) 278-3130 - 8 a.m.-5p.m. Mon-Fri

(614) 278-3141 - 24 hours Monday-Sunday Voice Mail

www.lifecarealliance.org

- Visiting nurse assistance, intermittent skilled nursing care and rehabilitation therapies in the home (614) 278-3145
- Meals on wheels for those eligible who are 60 years of age or older, homebound, unable to prepare their own meals, and have no one else in the house that can prepare the meals for them
- Foot Care Clinic: trims toenails, monitors medications and provides diabetic foot care. (614) 227-1060 8 am – 4:30 pm Mon. – Fri.
- Wellness Centers: call for locations (614) 437-2880 8 am – 5 pm Mon. – Fri. Emphasizes health promotion, disease prevention, and managing chronic illness.
- Help-at-Home program
 - live in Franklin county
 - need assistance with homemaking or errands
 - 60 or older or under 60 and meet eligibility requirements
 - Call 614-278-3130, to see what the eligibility requirements are

Maxim Health Services

200 Campus View, Suite 160
Boulevard East
Columbus OH 43235

(614) 880-1210 8 am – 6 pm, Mon. – Fri

- Provides skilled and unskilled Home Health nursing services.
- Accepts Medicaid, insurance, and private pay

Mobile, Mid-Ohio Board for an Independent Living Environment

690 South High Street
Columbus, OH 43206
(614) 443-5936

www.mobileonline.org

- Provides assistance in modifying homes, independent living skills education and information and referral services.
- All services based on eligibility guidelines. Must be a Columbus resident.

National Eye Care Project

1-800-222-3937

www.allaboutvision.com

- Eye examinations and treatment for seniors age 65 and older
- Services performed at no cost to those who qualify by volunteer ophthalmologist in caller's area

National Kidney Foundation (NKF)

1373 Grandview Avenue, Suite 200

Columbus, OH 43212

(614) 481-4030

8 am – 5 pm, Mon. – Fri.

www.nkfohio.org

- Emergency financial assistance provides limited funds to patients in need of medicine, transportation and other services. Requires referral by medical social worker

Ohio Lions, Inc.

4074 Hoover Rd.
Grove City, Ohio 43123
District 13F Eye Care Fund
(614) 539-5060 ext. 15
<http://oh.usalions.com>

- Refers persons in need of low cost or free eyeglasses and eye screenings to local Lions Clubs. If the person is eligible the local club will assist. Each club will assist at a different financial level. Some will pay for part of the cost of the screening and glasses while others will pay the entire cost of screening and glasses.

Ohio Optometric Association

(614) 781-0708
Monday-Friday 8:30am-5 pm
<http://www.ooa.org>

- Vision USA provides free eye exams are available to income eligible families with one employed member, no eye insurance coverage and who have not had an eye exam within the last two years Small fee for glasses. 1-800-766-4466

OSU Dental Clinic

305 West 12th Avenue
Columbus OH 43210
(614) 292-2751

- Complete dental care. Must sign up for clinic care before initial exam
- Payable by Medicaid, ADC or insurance

OSU Medical Center- Vision Clinic

1405 S. High St.
Columbus, Ohio 43207
614-293-2920

- Financial assistance available to qualifying individuals
- Appointment only

OSU Optometry Clinic

338 West 10th Avenue
Columbus OH 43210
(614) 292-9201

- Comprehensive eye care including exams, treatment of eye diseases and injuries. Provides glasses, contacts, and low-vision devices at additional charge.
- Medicare pays for glasses and contacts. Medicaid covers eye exam and glasses once per year. Makes special arrangements if patient is not eligible for public assistance.

Prevent Blindness Ohio

1500 West Third Ave, Suite 200
Columbus, OH 43212
(614) 464-2020
(614) 481-9670 fax
<http://www.pbohio.org>

- Vision Care Outreach provides access to low or no cost eye exams and glasses for financially eligible children and adults. Must be connected with a case manager through a community agency. It must be the case manager that calls and request services. 464-2020 ext. 117

The Ohio Rehabilitation Services Commission– Bureau of Services for Visually Impaired

(614) 466-9364

Monday-Friday 8 am - 4:45 pm

www.rsc.ohio.gov

- Vocational Rehabilitation offers vocational counseling and job placement or jobsearch assistance. Helps clients obtain training in occupational and daily living skills.

Stowe Baptist Center

888 Parsons Ave.

Columbus, Ohio 43206

614-445-8400

www.stowemission.org

Dental Clinic

- Emergency dental care and follow up services to adults
- Mondays only 5pm-8pm
- First come, first serve, walk in only, no appointment
- Suggested donation \$10 per extraction
- 614-443-1120

Eye Clinic

- Provides exams and vouchers for eyeglasses
- Donation requested
- 9am-noon, 3rd Tuesday and 2nd Thursday; 12-3pm Fri

Vision USA

1-800-766-4466

8am-8pm, Monday-Friday

- Free eye exam and glasses (\$20 fee for glasses)
- Have a job or living in a household with one working member, no vision insurance, having an income below the established level based on income and not having an eye exam in 2 years.

Health Insurance / Medical Coverage

Franklin County Board of Health, Bureau for Children with Medical Handicaps (BCMh)

(614) 466-1700

- A program that provides services for children with special health care needs.
- Assists with medical expenses and finding community resources
- Child must be an Ohio resident under age 21 and under the care of an approved doctor.
- Families must be income eligible.

Franklin County Department of Job and Family Services (FCDJFS)

80 East Fulton Street

Columbus, OH 43215

(614) 462-4000

www.co.franklin.oh.us/jafs

- Medicaid: health coverage for low income persons including those disabled, blind, or over age 65.
- Qualified Medicare Beneficiaries: assistance with Medicare premiums for eligible elderly and disabled individuals
- Medicaid Buy-In for Workers with Disabilities (MBIWD): contact FCDJFS for eligibility requirements.
- Ohio Direction Card: provides debit card for food assistance for low-income households
- Ohio Works First (OWF): contact FCDJFS for eligibility requirements.
- SSI Case Management: assists eligible public assistance applicants and recipients in establishing SSI eligibility.
- Transportation: provides transportation assistance for eligible public assistance customers for medical service needs only

Healthy Start and Healthy Families

1-800-324-8680

<http://jfs.ohio.gov/OHP/consumers/familychild.stm>

<http://jfs.ohio.gov/OHP/consumers/Application.stm> - use this site to download an application

- Offers free & low-cost health care coverage to families, children (up to age 19) and pregnant women.
- Coverage includes: doctor visits, hospital care, pregnancy related services, prescriptions, vision, dental, substance abuse, mental health services and much more!
- This is a Medicaid program administered by the Ohio Department of Job & Family Services.

Foundation for Health Coverage Education

www.coverageforall.org

800-234-1317

- Do not have insurance
- Helps clients find “free and low cost health insurance”

Insure Kids Now

1-877-KIDS NOW (1-877-543-7669)

www.insurekidsnow.gov

- This is a consumer line for information on Medicaid programs. These programs include programs for children such as Healthy Start, programs for those 19-21 years of age, those who are blind or disabled, those 65 years and older.

- This service can provide information, answer questions, mail out applications for programs.

My Medicare.Gov

<http://MyMedicare.gov>

- Offers access to general and personal Medicare information.

Social Security Administration

1-800-772-1213

<http://www.ssa.gov>

- Medicare: Hospital and medical insurance for persons ages 65 or older, disabled or suffering chronic kidney disease. Under age 65 must have received SSDI for two years. Part B provides an 80-percent reimbursement on testing supplies.

State of Ohio Department of Insurance

(614) 644-2658 or 1-800-686-1526

www.ohioinsurance.gov

Ohio Senior Health Insurance Information Program (OSHIP) 1-800-686-1578, 7:30 am – 5 pm, Mon. – Fri.

- Assistance with filling out the forms for a variety of programs.
Consumer Questions and Complaints (614) 644-3378, 8 am – 5 pm, Mon. – Fri.

UHCAN Ohio's Helpline

(614) 456-0060 ext. 233 or e-mail mgreenham@uhcanohio.org

- Assists Ohioans with accessing affordable, quality health resources and care
- Interpretations available.
- Accepts the following types of callers:
 - Uninsured callers who do not qualify for Medicaid and cannot explore the option of private insurance.
 - Low to moderate income level callers who want more information on affordable healthcare options and need help with navigation.
 - Callers who do NOT qualify for Medicaid that need prescription assistance.
 - Callers who do NOT qualify for Medicaid that have current outstanding medical bills.
 - General health care questions or concerns.

Assistance with Prescriptions

Check your local pharmacy for low cost medications

AARP

(866) 389-5653

www.aarp.org/oh

- Gives discounts on prescriptions.
- Do not have to be an AARP member. If a member, further discount can be taken
- (800) 456-2277 6 am – 10 pm Mon. – Sat., 8 am – 10 pm Sun.

Benefits Check Up Rx

https://ssl3.benefitscheckup.org/before_you_start.cfm?subset_id=39

- Provided information about brand name and generic Patient Assistance Programs, Medicare Part D and Medicare Part D Extra Help.
- Available to anyone who has access to the Internet

Breathing Association

1520 Old Henderson Rd.

Columbus, Ohio 43220

614-457-4570

Prescriptions for Seniors

- Uninsured and underinsured Franklin County seniors 55 and over with chronic lung disease, diabetes, heart and mental illness
- Must be at or below the 200% federal poverty level
- 614-457-2997 ext 145
- 830am-noon, 1-5, Monday-Friday

Catholic Social Services

197 East Gay St.

Columbus, Ohio 43215

614-221-5891

Medication Assistance

- 55 and over will consider someone with higher income that has extenuating circumstances
- Request are reviewed on a case by case basis

Charitable Pharmacy of Central Ohio

Livingston United Methodist Church

200 E. Livingston Ave.

Columbus, Ohio 43215

614-227-0301

charitablepharmacy@gmail.com

www.charitablepharmacy.org

- Provides free prescription medicines, when available, to Franklin County residents at or below 200% of federal poverty level
- The Pharmacy does serve some patients who have health insurance, depending on their income and prescription/medical expenses.

- For patients between 100-200% of the Federal Poverty Level (FPL) who have any type of prescription insurance (Medicaid, Medicare Part D, Private Insurance), proof of prescription/medical expenses must be provided.
- Patients with prescription coverage and income between 100-200% FPL, prescription/medical expenses must exceed 5% of income (the federal definition of “underinsured”).
- Must bring proof of residence in Franklin County and proof of income
- Patients can call or email to schedule for a one-week time slot, so new patients can come and qualify anytime during that week.
- Monday, Tuesday, Thursday, Friday 9am – 3 pm (closed on Wednesday)

Children with Diabetes Foundation

www.cwdfoundation.org

- Provides medication and testing supplies for children of families experiencing emergency financial difficulty

Everyone’s RX

(866) 353-3763, 9 am – 5 pm Mon. – Thurs., 9am – noon Fri.

www.everyonesrx.com

- Assists income-eligible patients in receiving discounted prescriptions.

Franklin County Prescription Discount Card

(877) 321-2652

<http://www.franklincountyohio.gov/Rx>

- Offers average of 20% discount on prescriptions to cardholders at any Franklin County pharmacy. Card may not be used with insurance for same purchase. Cards may be picked up at all Franklin County libraries, senior centers, Opportunity Centers, and county buildings or visit www.co.franklin.oh.us
- Can be used by all Franklin County residents regardless of age, income, or existing health coverage

Generic Drug Programs

- Many local pharmacies have low-cost generic medication program with average of \$4.00 for a 30 day supply. Ask your doctor if generic medications can meet your health needs and your pharmacist for details.

Gladden Community House

183 Hawkes Avenue

Columbus, Ohio 43223

(614) 228-2498

- Emergency financial assistance– maximum of \$25-\$50 paid to the pharmacy for prescription and/or over-the-counter medicines
- Must live in their service area which includes the following zip codes 43223, 43222, and 43215 (west side of downtown)
- Intake over phone or walk-in

Joint Organization for Inner-city Needs (JOIN)

578 East Main Street. Columbus, OH 43215

(614) 241-2531

Open 10:00am-12:00pm, 1:00pm-2:00pm Monday-Friday

- Emergency financial assistance– maximum of \$50 paid to the pharmacy once a year
- No over-the-counter medications

Mail Order Companies

Please check with your insurance provider before calling any of these programs to verify which companies your insurance will cover. Each company handles claims differently so it is very important once you know which ones your insurance will cover to talk to the different companies to see which one will meet your needs. They are listed in alphabetical order and the Central Ohio Diabetes Association does not endorse any one company.

- | | |
|---------------------------------------------------------------------------|------------------------------------------------------------------------|
| • AARP
1-800-305-6992
www.aarp-pharmacy.com | • Diabetic Healthcare Services
1-800-353-7318 |
| • Access Diabetic Supply
1-800-715-5031
www.diabeticsupply.com | • Direct Healthcare Supply
1-888-344-3434 |
| • Advantage Health Services
1-800-682-8283
www.advantagerx.com | • MP Total Care
1-800-701-5226 |
| • American Medical Supplies
1-800-992-5720
www.diabeticmedicare.com | • Gem Inc.
1-800-793-1995 |
| • Bryam Healthcare Centers
1-800-354-4054 | • Liberty Medical Supply
1-800-762-8026
www.libertymedical.com |
| • Diabetes Self Care
1-800-928-8220 | • National Diabetic Pharmacies
1-800-467-8546
www.ndpharmacy.com |
| • Diabetic Care Center
1-800-633-7167
www.diabetcare.com | • Serenity Medical
1-800-214-2212
www.serenitymedical.com |
| • Diabetic Express
1-800-338-4656 | • US Med
1-800-787-6331 |

Medicare Discount Card

www.medicare.gov

- The Discount Card will provide discounts on prescriptions for cardholders.
- For further information: call 1-800-MEDICARE

Medicare, Part D

www.medicare.gov

- Part D deals with drug prescription plans.
- For further information call:
 - 1-800-MEDICARE (1-800-633-4227)
 - COAAA at 1-800-589-7277 or www.coaaa.org/pdf/Rx_Guide.pdf
 - OSHIP at 1-800-686-1578
- For help completing Medicare D paperwork, call the Ohio Benefit Bank at 1-800-648-1176

The Medicine Program

P.O. Box 515
Doniphan, MO 63935
(573) 996-7300

www.themedicineprogram.com

- Assist patients who may qualify to enroll in one or more patient assistance programs. These programs provide prescription medicines free-of-charge to individuals of need, regardless of age, if they meet the sponsor's criteria.
- Must not have any insurance that covers prescriptions
- Must not be eligible for Medicaid
- Income is at a level to cause hardship when the patient is required to purchase at retail
- A processing fee per medication

Needy Meds

www.needymeds.org

- An online information resource of programs that provide assistance to people who are unable to afford their medications and health care costs.
- They do not run any assistance programs nor supply medicine or financial assistance.
- They do maintain current information about many sources of assistance that anyone can use without registering or entering any personal data

Ohio's Best Rx

PO Box 408

Twinsburg, OH 44087

1-866-923-7879, 8am-9pm Mon-Fri, 9am-6pm Sat, 9am-6pm Sun.

www.ohiobestrx.org

Prescription Drug Discount Card

- Cannot have any other prescription drug coverage
- Savings average 34%. No application or enrollment fees.
- Serves Ohio residents who are or any age with incomes less than 300% of the federal poverty level
- No income requirement for 60 and older.
- Can be used during the Medicare Part D "doughnut hole" when prescription costs are 100% out of pocket.
- Call or visit website for prices of specific medications

Partnership for Prescription Assistance (PPARX)

172 East State Street, Suite 410

Columbus OH 43215

(877) 794-6446

1-888-477-2669

www.pparx.org

- Free clearinghouse for many public and private prescription assistance programs for limited income individuals.
- Provides applications and phone numbers to more than 475 public and private prescription programs, including 180 pharmaceutical company programs, that offer reduced-cost or free prescription drugs to eligible applicants.
- A quick way to find out if you qualify for free or nearly-free prescription medicine.
- Cannot have prescription drug coverage
- Does not assist client with filling out applications or renewal paperwork
- Does not assist with monthly payment arrangements between client and pharmaceutical company

- Does help individuals contact government programs such as Medicaid, Medicare and SCHIP and assists Medicare beneficiaries with information about the Medicare Prescription Drug Benefit (Part D)
- (888) 477-2669, 9am – 6pm Mon.-Fri. www.pparx.org/SelectMedication.php

Patient Assistance Services

1-877-463-1905

(740) 223-1501

www.patientassistanceservices.com

- Assist consumers in obtaining assistance with prescriptions through the manufacturing companies and Canadian Pharmacies.
- Programs offered include:
 - Total Care Rx Complete
 - PAS/MedPerks Drug Card
 - Discount Rx Services
 - Universal Rx Drug Card
 - USRx Services

Pfizer Maintain Program

1-866-706-2400

www.PfizerHelpfulAnswers.com

This is a program for those who have been laid off of work. The Pfizer Maintain program will cover any Pfizer prescription up to a full year.

Applicants will have to sign a statement that they are suffering financial hardship and provide a "pink slip" or similar employer notice. Applications will be accepted through Dec. 31, 2010 with medication provided for up to 12 months after approval — or until the person becomes insured again.

Pharmaceutical PIN Programs

Provide financial assistance with medications. The following is a list of those manufacturing companies that offer a financial assistance program. Check to find out which company makes your medications. Sometimes physicians need to initiate contact with the pharmaceutical companies and other times patients can start the process.

- **Bayer Healthcare Pharmaceuticals**

Bayer Patient Assistance Program

6 West Belt, W66

Wayne, NJ 07470-6806

1-866-575-5002

www.bayer.com

- The patient cannot have prescription insurance, be ineligible for any federal or state programs and the patient must also have limited financial resources.
- Must be a US citizen or legal resident.
- Eligibility is determined on a case by case basis.
- Any patient who is enrolled in any Government Prescription Programs or Private Prescription Plans including, but not limited to Medicare Part D, Medicaid, State-sponsored Prescription Assistance programs, or has employee, military, retirement, or pension program drug coverage is not eligible for this program.

- Pharmacy discount cards or other patient assistance programs are not considered coverage.
- Application process can be initiated by patient, advocate of patient, or physician.
- Manufactures: Precose (acarbose)
- **Eli Lilly & Company**
Lilly Cares
P.O. Box 230999
Centerville, VA 20120
1-800-545-6962
<http://www.lillycares.com>
 - To qualify for the Lilly Cares Program, patient must not have prescription coverage and must meet income guidelines which are not disclosed by Eli Lilly.
 - Individuals eligible for Medicare are not eligible for Lilly Cares services.
 - Patients must not have any other prescription drug coverage (Medicaid, VA, Blue Cross, Medicare Part D, etc.)
 - Eligibility determined on a case-by-case basis
 - Application process must be initiated by a physician
 - Manufactures: Humulin and Humalog types of insulin, glucagon
- **Novo Nordisk**
Diabetes Patient Assistance Program
PO Box 181640
Louisville, KY 40261
1-866-310-7549
www.novonordisk-us.com
 - Patient cannot have or qualify for any government prescription coverage such as Medicare, Medicaid, Veteran's Administration or any state or local programs, unless the product is not covered by Medicare.
 - Patient cannot have or qualify for any private prescription coverage such as HMO, or PPO.
 - The patient must have a total household income at or below 200% of the Federal Poverty Level.
 - See instructions sheet for full income guidelines.
 - Income at or below: Single \$21,660 (200% FPL), Couple \$29,140 (200% FPL)
 - Manufactures: Prandin (repaglinide), Novolin and Novolog types of insulin, Levemir, Human insulin in vials and penfill cartridges, and pen delivery systems and needles
 - NovoLog is currently covered by Medicare Part B ONLY if administered by durable medical equipment (DME), such as a pump.
- **Pfizer, Inc.**
Connection to Care
PO Box 66585
St. Louis, MO 63166-6585
1-800-707-8990
<http://www.pfizerhelpfulanswers.com>
 - Patients must not have any prescription drug coverage.
 - Patients must meet program income guidelines.
 - Medicare Part D patient may be eligible on a case-by-case basis. Please contact the program for details.
 - Hardship exceptions: Lower income individuals who have insurance coverage for prescription medicines may still be eligible for assistance through Connection to Care if they are experiencing

significant financial or medical hardship. Please contact Connection to Care at 800 707 8990 for more information.

- Connection to Care is not available to residents of Puerto Rico and US territories
- Income at or below: Single \$21,600 (200% FPL), Couple \$29,140 (200% FPL)
- Other income requirements: Adjusted for family size
- Manufactures: Glucotrol, Lipitor

- **Sanofi-Aventis Pharmaceuticals**

Patient Assistance Program

P.O. Box 759

Somerville, NJ 08876

1-800-221-4025

<http://www.sanofi-aventis.us/live/us> (Under the tab Social Responsibility, click on US Patient Assistance)

- Patient cannot have or qualify for any private or government prescription coverage such as Medicaid, Veteran's Administration, or any state or local programs.
- Patient cannot have Medicare Part D. However, patients with Medicare Part D having problems affording their medication should still apply.
- Income at or below: Single \$27,075, Couple \$36,425
- Other income requirements: Patient's total annual household income must be at or below the Sanofi-Aventis Poverty Level – see instructions.
- Manufactures: Amaryl (glimepiride), Apidra, Lantus
- Must be US resident
- No prescription insurance coverage. Not eligible for state/federal prescription insurance

- **Takeda Pharmaceuticals America**

P.O. Box 66552

St. Louis, MO 63166

1-800-830-9159

<http://www.tpna.com/responsibility>

- Patient must not have prescription drug coverage through private or government programs. (Medicare Part D eligible or enrolled applicants will be considered under certain circumstances)
- Income at or below: Single \$32,490 (300% FPL), Couple \$43,710 (300% FPL)
- Other income requirements: \$11,220 for each additional person in household. These total household income levels are based on 300% of the 2009 Federal Poverty Level Guidelines. Please note that they may differ in Alaska and Hawaii and may also change annually.
- Manufactures: Actos

PhRMA New Medicines. New Hope.

1100 Fifteenth Street, NW

Washington DC 20005

(202)835-3400

www.phrma.org

- They provide a directory of Patient Assistance Programs. This directory has all of the different manufactures assistance programs listed.

Prescription Access

Located at St. Stephen's Community Center

1500 17th Ave, Suite 306

Columbus, OH 43219
(614) 645-5556

www.colnhc.org/services/low-cost-prescriptions/prescription-access

- Assist consumers in obtaining assistance with prescriptions through the manufacturing companies
- Serves Franklin County residents 60 years of age or older.
 - Individuals 59 or younger must be enrolled clients of a Columbus Neighborhood Health Center
- Can not have any type of insurance or benefits that helps at all with prescription costs
- Can not be a veteran
- Must have a primary care doctor
- Income eligibility is 200% or less of federal poverty level
- There is a one time processing fee per medication
- The application process takes time

Prescription Hope

PO BOX 340856
Columbus, OH 43234
(877) 296-4673
(614) 388-5819 fax

www.prescriptionhope.com

Prescription Assistance Program

- Enrolls income-eligible US citizens in prescription drug company patient assistance programs, and completes all necessary forms involving client, physician, and pharmaceutical company
- Charges \$12 per prescription per month; fee includes paperwork
- Initial enrollment takes 4 weeks, and then refills are automatically mailed out every 3 months.
- Income eligibility: Single \$20,800 or less per year, Couple #31,000 or less per year
- Cannot have prescription insurance coverage by may have health insurance. May have a discount prescription drug card and still qualify.
- Cannot have Medicaid or an HMO

Rx Access

1-877-226-9050

www.rxaccess4u.com

For a nominal fee, Rx Access helps connect clients to Prescription Assistance Programs.

RxAssist

<http://www.rxassist.org>

- Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.
- RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need. All in one place

Rx For Ohio

1-877-749-6446

www.rxforohio.org

- An interactive Web site that works with the pharmaceutical industry to ensure that every Ohioan who needs prescription medicines, are able to obtain them. This program can help you identify which of the hundreds of Federal, state, local, and pharmaceutical manufacturer programs you may qualify for.
- Make sure before getting started you have the following information: household income, number in household, and name of medication(s).

Rx Outreach

800-769-3880

www.rxoutreach.com

- A nationwide program that provides help with purchasing a list of 55 generic medications
- Average cost \$20 for a 180 day supply of many different medications
- Medications mailed directly to the individual
- Must be a US citizen or legal resident
- Income eligibility: less than \$32,490/year for single, \$43,710/year for family of 2, \$54,930/year for a family of 3, \$66,150/year for a family of 4

RX Savings Plus

www.rxsavingsplus.com

- RxSavingsPlus is administered by CVS Caremark, the largest provider of prescriptions and related health care services in the nation. CVS Caremark has administered drug discount card programs since 1992
- RxSavingsPlus is a free drug/prescription discount card, to help lower the price for medication.
- It can be used at CVS/pharmacy, Target, Rite Aid and 60,000 participating pharmacies nationwide
- Simply show the card along with your prescription at a participating pharmacy to get an average of 22% off the retail price of most medications.
- Can print card right from your computer.

Senior Discount Cards

The following cards will help to reduce the cost of medications that the manufacturer charges. The reduction of cost will be seen at the pharmacy. Medicare beneficiaries and those disabled without prescription drug coverage

- Gold Buckeye Card
 - *1-866-301-6446
 - *<http://aging.ohio.gov/buckeyex.html>
 - *Program is free to all Golden Buckeye cardholders
 - *Provides savings on prescription medications
- Lilly Answers
 - *1-877-RXLILLY
 - *www.lillyanswers.com/the_program.html
 - *Must be a U.S. Citizen
 - *Individual annual income below \$26,000 or household income below \$35,000
 - *Need to be enrolled in Medicare (Seniors and the disabled)
 - *Cannot have prescription drug coverage
- Novartis Care Card
 - *1-866-974-2273
 - *www.NovartisCarePlan.com
 - *Must be a U.S. Citizen
 - *Individual annual income less than \$26,000 and couples less than \$35,000
 - *Cannot have private or public prescription coverage

- Pfizer Share Card Program
 - *1-866-776-3700
 - *www.pfizersharecard.com
 - *If eligible you could receive Pfizer prescriptions for a \$15 co-pay a month, receive healthy living information, and someone to talk to if you have questions

Social Security (Medicare D Low Income Subsidy)

Call Social Security at 1-800-772-1213 or www.ssa.gov/prescriptionhelp

Together RX Access

Patient Assistance Program

1-800-444-4106

www.togetherrxaccess.com

Prescription Drug Discount Card

- A free prescription-saving card for eligible residents of the US and Puerto Rico who have not prescription drug coverage (public or private).
- Must be a legal resident
- Most cardholders save 25-40% on brand-name prescription medicines and products
- Savings on generics are also available and vary by pharmacy
- No maximum usage limit, no hidden fees, no monthly charge
- Not eligible for Medicare

Member companies of Together RX Access:

Abbott Laboratories
www.abbott.com

Ortho-McNeil Pharmaceutical, Inc
www.ortho-mcneil.com

Bristol-Myers Squibb
www.bms.com

Ortho-McNeil Neurologics, Inc
www.ortho-mcneilneurologics.com

GlaxoSmithKline
www.gsk.com

OrthoNeutrogena, a Division of Ortho-McNeil
Pharmaceutical, Inc.
www.orthoneutrogena.com

Janssen
www.janssen.com

Ortho Women's Health & Urology
www.orthowomenshealth.com

Johnson & Johnson' LifeScan, Inc
www.lifescan.com

Pfizer
www.pfizer.com

McNeil Specialty & Consumer Pharmaceuticals, a
Division of McNeil-PPC, Inc.
www.jnj.com/our_company/family_of_companies/index.htm?company=430

PriCara
www.pricara.com

Novartis
www.novartis.com

Takeda
www.tpna.com

Ortho Biotech Products, L.P.
www.orthobiotech.com

Tibo Therapeutics
www.tibotectherapeutics.com

Vistakon, a Division of Johnson & Johnson Vision Care, Inc.
www.vistakonpharmaceutical.com

King Pharmaceuticals
www.kingpharm.com

Xubex Pharmaceutical Services

<http://www.xubex.com>

- Xubex[®] is the leading provider of professional pharmaceutical services and patient assistance program.
- Xubex[®] patient assistance program in partnership with leading providers of pharmaceutical care providers offers **low cost generic** medications for virtually all generic medications.
- Innovative program provides pharmaceutical services to qualified individuals for as low as \$20 for a 3 months supply of medication.

Canadian Health and Care Mall

<http://canadianhealthandcaremall.com/products/antidiabetic/>

Diabetes Websites

Taking Care of Your Diabetes: www.tcoyd.org

Diabetes Daily: www.diabetesdaily.com

Script Your Future: www.scriptyourfuture.org/diabetes

dLife: www.dlife.com

Defeat Diabetes Foundation: www.defeatdiabetes.org

TuDiabetes: www.tudiabetes.org

DiabetesMine: www.diabetesmine.com

Diabetes Forum: www.diabetesforum.com

Joslin Diabetes Center: www.joslin.org/diabetes-information.html

American College of Physicians Diabetes Portal: www.diabetes.acponline.org

Diabetes Research Institute: Living With Diabetes: www.diabetesresearch.org/page.aspx?pid=628

National Diabetes Education Program: www.ndep.nih.gov

Centers for Disease Control and Prevention: Diabetes Public Health Resource: www.cdc.gov/diabetes

Diabetes Action Research and Education Foundation: www.diabetesaction.org

Behavioral Diabetes Institute: www.behavioraldiabetesinstitute.org

WebMD Diabetes Community: www.exchanges.webmd.com/diabetes-exchange

Physicians Committee for Responsible Medicine, Food for Life: Resources for Diabetes: www.pcrm.org/health/diabetes-resources

Ethnomed: Diabetes Patient Education Materials: www.ethnomed.org/patient-education/diabetes

Last Updated 3/26/2014